

JAL Dance Timetable 2026

Effective 02/02/2026

R4

Monday	S1					Eist 10 & Under 4:00-5:30		Eist 8 & Under 5:30 -6:45		Jazz 9 6:45-7:30	Eist 15 & Under 7:30-9:00			S1	Monday	
	S2				AcroT/PJ 3:30-4:00	Tinies 4:00-4:45	Eist 6 & Under 4:45-5:30		Eist 12 6:00-7:30							S2
	S3					Pre-Junior 3:45-4:45		Ballet Adv1 4:45-5:45		Ballet AdvF 5:45-6:45	15 Open Jazz 6:45-7:30					S3
Tuesday	S1	Dance with me 9:00-9:30	Preschool 9:30-10:15		Ballet 1 3:45-4:30	Ballet 2 4:30-5:15	Hip Hop 1/2 5:15-6:00		Hip Hop 7/8/9 6:00-6:45	Tap 8 6:45-7:30	Ballet Int 7:30-8:30			S1	Tuesday	
	S2					Tap1 4:30-5:15		Ballet 3 5:15-6:00	Ballet 4 6:00-6:45					S2		
	S3					Tap 2 3:45-4:30	Hip Hop 3/4 4:30-5:15	Tap 4 5:15-6:00	Tap3 6:00-6:45	Tap7 6:45-7:30	Ballet AdvF 7:30-8:30	PointeAdvF 8:30-9:00		S3		
	S4					MT 3/4 3:45-4:30		MT 7/ 8/9 5:15-6:00	MT 1/2 6:00-6:45					S4		
Wednesday	S1	Linedancing				Tap Junior 3:45-4:30	Hip Hop Junior 4:30-5:15	Hip Hop Open 5:15-6:00	Heels 6:00-6:45	Cont Open 6:45-7:30	Jazz Open 7:30-8:15	Eist Open 8:15-9:30		S1	Wednesday	
	S2					Jazz 4 3:45-4:30	Ballet 4 4:30-5:15	Ballet Primary 5:15-6:00						S2		
	S3					Ballet 3 3:45-4:30	Jazz 3 4:30-5:15	Acro 3/4 5:15-6:00	Cont3/4 6:00-6:45					S3		
	S4					Hip Hop Boys 3:45-4:30	Tap Boys 4:30-5:15		MT Junior 6:00-6:45					S4		
Thursday	S1				Pre-Junior 3:30-4:30	Jazz6 4:30-5:15	Cont 7/8/9 5:15-6:00	Ballet INTF 6:00-6:45	Jazz7 6:45-7:30	Ballet Int 7:30-8:30	PointeInt 8:30-9:00		S1	Thursday		
	S2				Tinies 3:45 -4:30	Ballet5 4:30-5:15	Jazz Junior 5:15-6:00	Tap 5 6:00-6:45	Tap9/OP 6:45-7:30	Ballet Adv1 7:30-8:30	PointeAdv1 8:30-9:00		S2			
	S3				Ballet Primary 3:45-4:30	Acro Junior 4:30-5:15	Hip Hop 5/6 5:15-6:00	Acro 7/8/9 6:00-6:45	Jazz 8 6:45-7:30	Str/Conditioning 7:30-8:15			S3			
	S4								MT5/6 6:45-7:30						S4	
Friday	S1	Dance with me 9:00-9:30	Preschool 9:30-10:15		Cont 1/2 3:45-4:30	Jazz1 4:30-5:15	Cont 5/6 5:15-6:00	Tap6 6:00-6:45	Jazz 5 6:45-7:30					S1	Friday	
	S2				Preschool 3:45-4:30	Ballet2 4:30-5:15	Ballet1 5:15-6:00	Ballet 5 6:00-6:45	BalletIntF 6:45-7:45	PointeIntF 7:45-8:15			S2			
	S3						Acro 5/6 4:30-5:15	Jazz2 5:15-6:00	Acro 1/2 6:00-6:45					S3		
Saturday	S1		Ballet Xtn 8:30-9:15		Extension Eist 15/OP 10:30-1:30			Extension Eist 8/10/12 1:30-4:30					School grade guide Use colours for dancing level		S1	Saturday
	S2				Tinies 9:15-10:00	AcroT/PJ 10:00-10:30	SingingT/PJ 10:30-11:00							Not at school (preschool) Prep (tinies) GR1 (prejunior)	S2	
	S3	Dance with me 8:00-8:30	Preschool 8:30-9:15										GR2 GR3 GR4 GR5 GR6 YR7 YR8 YR9 YR10 YR11 YR12/OP Boys only	S3		
	S4			Prejunior 9:00 to 10:00										S4		